DESCRIPTION
Psychology is the scientific study of behavior and mental processes. Psychologists use diverse technological, psycho-physiological statistical and analytical techniques to investigate how the individual's immediate environment, past experience, physiological makeup, and sociocultural context influence current thoughts, emotions and behavior. Psychologists actively translate basic science into usable technology, educational innovations, and practical interventions at the personal, group, community, and societal levels.

People with a bachelor's degree in psychology may pursue careers in a variety of fields, including education, mental health, business, counseling, management, health care, law enforcement, and government agencies. They may work as counselors, therapists, psychologists, or other positions requiring a strong understanding of human behavior.

PSY 101. Psychology and Human Relations. 4 Credits.
Applies psychological principles to relationships in both personal and professional environments. Includes an overview of basic personality and social psychology concepts, as well as specific skill development in the areas of communication, listening, and conflict resolution. Prerequisite: (WR 115 and RD 115) or IRW 115 and MTH 20 or equivalent placement. Audit available. This course fulfills the following GE requirements: Social Literacy, Cultural Literacy, Social Sciences/AAOT, Social Sciences/AS, Social Sciences/AGS, Social Sciences/ASOT-B.

PSY 201A. Introduction to Psychology - Part 1. 4 Credits.
Surveys the major concepts, theoretical perspectives, empirical findings, and historical trends in scientific research, psychological disorders, psychological disorders, therapy, emotion, motivation, intelligence, health psychology, sensation and perception, learning theory, memory, language, cognition, consciousness, and human development. Provides an overview of popular trends, examines the overarching themes of heredity vs. environment, stability vs. change, and free will vs. determinism, and emphasizes the sociocultural approach which assumes that gender, culture, and ethnicity are essential to understanding behavior, thought, and emotion. Prerequisite: (WR 115 and RD 115) or IRW 115 and MTH 20 or equivalent placement. Audit available. This course fulfills the following GE requirements: Social Literacy, Social Sciences/AAOT, Social Sciences/AS, Social Sciences/AGS, Social Sciences/ASOT-B, Social Sciences/ASOT-B.

PSY 202A. Introduction to Psychology - Part 2. 4 Credits.
Surveys the major concepts, theoretical perspectives, empirical findings, and historical trends in scientific research, psychological disorders, therapy, emotion, motivation, intelligence, health psychology, sensation and perception, learning theory, memory, language, cognition, consciousness, and human development. Provides an overview of popular trends, examines the overarching themes of heredity vs. environment, stability vs. change, and free will vs. determinism, and emphasizes the sociocultural approach which assumes that gender, culture, and ethnicity are essential to understanding behavior, thought, and emotion. Prerequisite: (WR 115 and RD 115) or IRW 115 and MTH 20 or equivalent placement. Audit available. This course fulfills the following GE requirements: Social Literacy, Social Sciences/AAOT, Social Sciences/AS, Social Sciences/AGS, Social Sciences/ASOT-B, Social Sciences/ASOT-B, Social Sciences/ASOT-B.

PSY 202. Introduction to Psychology - Part 2. 4 Credits.
Surveys the major concepts, theoretical perspectives, empirical findings, and historical trends in scientific research, psychological disorders, therapy, emotion, motivation, intelligence, health psychology, sensation and perception, learning theory, memory, language, cognition, consciousness, and human development. Provides an overview of popular trends, examines the overarching themes of heredity vs. environment, stability vs. change, and free will vs. determinism, and emphasizes the sociocultural approach which assumes that gender, culture, and ethnicity are essential to understanding behavior, thought, and emotion. Prerequisite: (WR 115 and RD 115) or IRW 115 and MTH 20 or equivalent placement. Audit available. This course fulfills the following GE requirements: Social Literacy, Social Sciences/AAOT, Social Sciences/AS, Social Sciences/AGS, Social Sciences/ASOT-B, Social Sciences/ASOT-B, Social Sciences/ASOT-B.
PSY 239. Introduction to Abnormal Psychology. 4 Credits.
Surveys the history, theories, etiology, assessment, diagnosis, and treatment of
the spectrum of psychological disorders. Prerequisites: (PSY 201 or PSY 201A
or PSY 202A) or (AD 102 with instructor permission), and (WR 115 and RD 115)
or IRW 115 and MTH 20 or equivalent placement. Audit available. This course
fulfills the following GE requirements: Social Sciences/ASOT-B, Social Sciences/
AAOT, Social Sciences/AS, Social Sciences/AAS, Social Sciences/AGS.

PSY 240. Personal Awareness and Growth. 4 Credits.
Explores multidimensional perspectives on personal growth and awareness,
and how to apply this knowledge to healthy cognitive and behavioral practices
in daily living. Covers dimensions of growth including physical, intrapersonal,
interpersonal, cognitive, occupational/educational, communal/environmental,
and spiritual. Introduces various aspects of personal growth including how
childhood and adolescent development and experiences affect thinking,
feelings, and behavior; differentiation; self-discipline and resilience; authentic
happiness; love and relationships; stress management; creative expression;
body image and awareness; education and job/career pursuits; loneliness
and solitude; death; and loss. Prerequisites: (WR 115 and RD 115) or IRW 115
and MTH 20 or equivalent placement. Audit available. This course fulfills the
following GE requirements: Social Sciences/AS, Social Sciences/AAS, Social
Sciences/AGS, Social Sciences/ASOT-B, Social Sciences/AAOT.