DESCRIPTION

Classes are taught by PCC parent education instructors with expertise in working both with children and adults. Some classes are lecture and discussion and others are interactive with parents and children together. Each class is tailored to the ages of the children and includes study topics. The study topics for the term are chosen jointly by the participants and the instructor in each class. Topics include: development, guidance, communication, self-esteem, health, current issues and others.

Courses are designed to help participants develop skills for successful parenting, learn more about their roles as parents and enhance their relationship with their children. Parent Education courses include: HEC 157, HEC 201, HEC 226 and HEC 280A.

HEC 140. Introduction to Family Life Education. 3 Credits.
Introduces an overview of the field of Family Life Education (FLE). Covers theory, methods, and contexts of family life education, including family diversity, sexuality education, and parenting education. Audit available.

HEC 157. Parenting Skills. 1 Credit.
Examines current issues affecting the role of parents in today's society. Covers the stages of early childhood development, age appropriate learning expectations, guidance techniques, and parental influence on child development over time. Audit available.

HEC 201. Family Partnerships in Education. 3 Credits.
Introduces the study of family behavior, values, and attitudes. Covers the historical, cultural, and socioeconomic influences on family development, including ecological systems, demographic trends, diversity, contemporary issues and public policy. Audit available.

HEC 212. Parent-Child Relations. 3 Credits.
Introduces the social, developmental, and cultural nature of parenting. Covers parent-child relationships in social contexts, the work of parenting, and issues facing contemporary parents and children. Audit available.

HEC 226. Child Development. 4 Credits.
Basic theories, research and principles of physical, cognitive, language, social and emotional development of children from the prenatal period through adolescence. Includes observation and classroom processes. Prerequisite: (WR 115 and RD 115) or IRW 115 and MTH 20 or equivalent placement. Audit available. This course fulfills the following GE requirements: Social Sciences/AS, Social Sciences/AAS, Social Sciences/AGS.

HEC 280A. Cooperative Education: Early Education and Family Studies. 1-3 Credit.
Provides an opportunity for hands-on skill development in planned, supervised and regularly evaluated experiences in early education and family studies settings. Experiences and placement sites vary and are developed to meet individual goals. Department permission required. Audit available.