

# FAMILY AND HUMAN SERVICES

<https://www.pcc.edu/programs/child-family-studies/>

## CAREER PROGRAM AND DESCRIPTION

The Child and Family Studies department offers associate degrees and certificates in early childhood education and human services for those interested in working with children, families, individuals and communities. Due to an increased focus on the importance of early learning and a rising demand for social services, national and statewide job growth and employment is projected to be much higher than average.

### Family and Human Services

The Family and Human Services (HUS) program uses an interdisciplinary approach to prepare students for entry-level human service work including case management, home visiting, family service work/advocacy, social and human service support, and much more. Family and human service professionals assist in providing services in a wide variety of fields such as psychology, rehabilitation, social services, and social work. Human service graduates work in a diversity of environments, including Head Start, for-profit and non-profit social service agencies, programs for the aging, programs serving children, youth and families, and state and local governments.

The HUS coursework is designed to meet the needs of working students. Coursework for the Foundation in Human Services Career Pathway Certificate and AAS degree can be completed through a combination of courses offered online, in the evening, and on Saturdays.

Portland Community College has a pathway agreement with Portland State University's School of Social Work. Students who complete the AAS in Family and Human Services (HUS) may transfer up to 100% their degree credit toward the BS in Child, Youth, and Family Studies degree program.

## DEGREES AND CERTIFICATES OFFERED

### ASSOCIATE OF APPLIED SCIENCE

Family and Human Services

### LESS THAN ONE-YEAR: CAREER PATHWAY CERTIFICATE

Foundations in Human Services

### Academic Prerequisites

- Students should be prepared to enter WR 121 and MTH 20. Many HUS courses, core interdisciplinary courses, and concentration area electives require both WR 121 and MTH 20 as prerequisites. Students who do not meet these requirements may need extended time to complete the program.

### Academic Requirements

- Students earning the AAS degree in Family and Human Services must meet college graduation requirements including general education, math, and English competencies.
- Students must take HUS 101 and HUS 102 within the first term of the program.
- Students should take HUS 121 within the first or second term of the program.
- Students are required to secure their own field placement sites. Admittance to Field Experience is based on previously completed coursework, site availability, and department permission.

- In order to earn the AAS degree in Family and Human Services students must complete:
  - All HUS, PSY, ECE, SOC, GRN, AD, HEC, HE, CG, and CJA courses with a grade of "C" or "P" or better (as applicable).
  - All field experience courses and seminars.
- Students must satisfy MTH 58/MTH 65 as a degree requirement.
- In order to earn the Foundations in Human Services Less than One-Year Career Pathway Certificate students must complete:
  - All HUS courses with a grade of "C" or "P" or better (as applicable).

### Non-Academic Prerequisites

- An initial advising/information session with a Child and Family Studies department advisor.

### Non-Academic Requirements

- Criminal Background Check
  - Field placement sites may require students to undergo a criminal background check prior to placement. Costs associated with this requirement are the sole responsibility of the student.
  - PCC does not have the authority to determine if a student's past or current criminal background will prohibit them from working in the human services field. It is the student's responsibility to review ORS 443.004 and the information regarding disqualifying crimes provided by the Oregon Department of Human Services, Aging and People with Developmental Disabilities programs; the Developmental Disabilities programs; the Oregon Health Authority, Addictions and Mental Health Division; and the Oregon Department of Education, Early Learning Division.
- Counseling
  - The field of human services is intense, dynamic, and emotionally challenging. Working in the field may bring up strong emotions as well as current, past, and unresolved psychological trauma. *It is strongly recommended that students enrolled in the HUS program seek professional counseling while participating in the program.* Free and confidential counseling services are available to all PCC students at no cost through PCC Counseling Services.
- The Family and Human Services program is designed as a career pathway to accommodate full and part-time students.

## FAMILY AND HUMAN SERVICES AAS DEGREE

Minimum 90 credits. Students must also meet Associate Degree Comprehensive Requirements and Associate of Applied Science Requirements. Students must complete a total of four courses of General Education. Some courses specified within the program may be used as General Education. In addition to required courses in the program of study, students must satisfy MTH 58/65 competency. Students should consult with program advisors for course planning.

### Family and Human Services Degree Courses

Code	Title	Credits
AD 101	Addiction	3
AD 104	Multicultural Counseling	3
AD 160	Basic Counseling	4
ECE 124	Multicultural Practices: Exploring Our Views	3
GRN 234	Introduction to Dementia Care & Practice	4
HUS 101	Introduction to Human Services	3
HUS 102	Mental Health First Aid: Adult	1
HUS 106	Mental Health First Aid: Youth	1
HUS 108	ASIST: Applied Suicide Intervention Skills Training	2
HUS 121	Family and Human Systems	3

**FAMILY AND HUMAN SERVICES**

**FAMILY AND HUMAN SERVICES**

HUS 131	Models and Systems of Human Service Delivery	3	ECE 104	Gender and Sexuality in Early Childhood	1
HUS 141	Direct Service Methods	3	ECE 120	Introduction to Early Education and Family Studies	3
HUS 151	Introduction to Case Management	3	ECE 121	Observation and Guidance I	3
HUS 221	Issues and Trends in Human Services	3	ECE 175A	Infant/Toddler Caregiving: Learning and Development	1
HUS 230A	Field Experience Seminar I: Family and Human Services	2	ECE 175C	Infant/Toddler Caregiving: Social/Emotional Growth	1
HUS 230B	Field Experience Seminar II: Family and Human Services	2	ECE 189	Building Relationships with Infants, Toddlers, and Families	1
HUS 230C	Field Experience Seminar III: Family and Human Services	2	ECE 196	Teaming and Communication in ECE Settings	2
HUS 241	Planning and Evaluation in Human Services	3	ECE 224	Multicultural Practice: Curriculum & Implementation	3
HUS 250	Field Experience I: Family and Human Services	3	ECE 234	Children with Special Needs in Early Childhood Education	3
HUS 260	Field Experience II: Family and Human Services	3	ECE 236	Language and Literacy in Early Childhood Education	3
HUS 270	Field Experience III: Family and Human Services	3	HE 262	Children's Health	4
PSY 201A	Introduction to Psychology I (PSY201A=PSY201AZ)	4	HUS 115	Infant and Toddler Mental Health Addictions and Counseling	3
or PSY 202A	Introduction to Psychology II (PSY202A=PSY202AZ)		AD 102	Drug Use and Addiction	3
PSY 215	Human Development	4	AD 105	Aging & Addiction	3
PSY 239	Introduction to Abnormal Psychology	4	AD 107	Addiction Recovery Mentor	3
SOC 230	Introduction to Gerontology	4	AD 110	Substance Abuse Prevention	3
Any PE Course		1	Criminal Justice		
Concentration Area Electives <sup>1</sup>		10	CJA 100	Professions in Criminal Justice	3
General Education: 2 courses			CJA 101	Cultural Diversity in Criminal Justice Professions	3
<hr/>		90	CJA 111	Introduction to Criminal Justice System - Police	3

*	Could be used as General Education.		CJA 112	Introduction to Criminal Justice System - Courts	3
1	Students are advised to focus on a single concentration area, but are permitted to select courses from any of the Concentration Area Electives.		CJA 113	Introduction to the Criminal Justice System - Corrections	3
Z	This course is part of Oregon Common Course Numbering. The following courses are equivalent: PSY 201A and PSY 201AZ PSY 202A and PSY 202AZ		CJA 114	Introduction to Juvenile Justice	3
			Human Services Generalist (any Concentration Area Elective will meet Human Service Generalist requirement)		
			CG 144	Introduction to Assertiveness	1
			CG 145	Stress Management	2
			CG 146	Value Clarification	1
			CG 147	Decision Making	1
			CG 191	Exploring Identity and Diversity for College Success	4

**FAMILY AND HUMAN SERVICES  
CONCENTRATION AREA ELECTIVES**

Code	Title	Credits			
Choose 13 credits from any concentration area:					
Gerontology					
GRN 175	The Aging Mind	2	HUS 103	Introduction to Home Visiting	2
GRN 233	Supporting End of Life	4	HUS 104	Introduction to Trauma Informed Care	1
GRN 240	Care and Service Coordination	3	HUS 105	Introduction to Crisis Intervention	1
GRN 245		1	HUS 106	Mental Health First Aid: Youth	1
GRN 247	Applied Legal and Policy Issues in Aging	3	HUS 107	Mental Health First Aid: Older Adult	1
Parenting Education and Family Life					
HEC 140	Introduction to Family Life Education	3	Health and Wellness		
HEC 201	Family Partnerships in Education	3	HE 212	Women's Health	4
HEC 212	Parent-Child Relations	3	HE 213	Men's Health	4
HEC 226	Child Development *	4	HE 242	Stress and Human Health	4
PSY 222	Family & Intimate Relationships *	4	HE 250	Personal Health	3
Early Childhood Education					
			HE 251	Community and Public Health	4
			HE 262	Children's Health	4
			HE 264	Food Systems and Public Health	4
			HE 295	Health and Fitness for Life	3
			& PE 295	and Health and Fitness for Life Lab	
			PE 130A	Fitness Through Corrective Exercise I	1

PE 130B	Fitness Through Corrective Exercise II	1
PE 130C	Adapted Physical Education III	1
PE 182G	Tai Chi II	1
PE 182H	Individual Fitness	1
PE 182S	Tai Chi I	1
PE 184M	Meditation: Mind-Body Fitness I	1
PE 182W	Physical Activity for Weight Management I	1
PE 184N	Physical Activity for Weight Management II	1
PE 184Q	Meditation: Mind-Body Fitness II	1
Yoga Teacher Certificate: Students must enroll in the Yoga Teacher Certificate program through Exercise Science for this concentration area.		
FT 100	Emergency Response for Fitness Professionals	1
FT 120	Foundations of Yoga Instruction	3
FT 121	Advanced Yoga Instruction	3
FT 280Y	Yoga Teacher Practicum	1
HUS 102	Mental Health First Aid: Adult	1
PE 182K	Yoga I	1
or PE 182I	Power Yoga	
or PE 182J	Gentle Yoga	
or PE 182L	Yoga II	
PE 283	Professional Activities: Mind-Body Disciplines	2
Child Welfare		
AD 108	Adolescence and Addiction	3
HEC 201	Family Partnerships in Education	3
HEC 226	Child Development	4
HUS 106	Mental Health First Aid: Youth	1
HUS 110	Introduction to Child Welfare	3
HUS 115	Infant and Toddler Mental Health	3
HUS 251	Case Management in Child Welfare	3

**FOUNDATIONS IN HUMAN SERVICES CAREER PATHWAY CERTIFICATE**

Minimum 16 credits. Students must meet all certificate requirements. The Foundation in Human Services Certificate is a Career Pathway. All courses are contained in the Family and Human Services AAS degree.

**Foundations in Human Services Certificate Courses**

Code	Title	Credits
HUS 101	Introduction to Human Services	3
HUS 102	Mental Health First Aid: Adult	1
HUS 106	Mental Health First Aid: Youth	1
HUS 108	ASIST: Applied Suicide Intervention Skills Training	2
HUS 121	Family and Human Systems	3
HUS 131	Models and Systems of Human Service Delivery	3
HUS 141	Direct Service Methods	3
Total Credits		16