

# DANCE

Cascade Campus  
Physical Education Building (PEB)  
971-722-5524

Rock Creek  
Building 5, Room 245  
971-722-7327

Sylvania Campus  
Communications Technology Building (CT), Room 216  
971-722-4264

[pcc.edu/programs/dance/](http://pcc.edu/programs/dance/)

## DESCRIPTION

PCC offers dance technique and theory courses designed to explore dance at the beginning through advanced levels. Courses emphasize correct alignment, principles of movement, development of individual dance skills, and an awareness and appreciation of dance as a performing art. The study of dance develops physical and mental discipline, expands cultural perspectives, enhances personal growth and enrichment, and supports lifelong learning. Dance performance opportunities for students include participation in informal showings, dance concerts and Dance Performance (D 209, 210, 211).

Most dance courses are offered concurrently and co-listed in both the Music and Dance Department and the Physical Education Department. Students may choose to take the courses for dance or PE credit, which may be applied to degree and/or transfer programs. Students may not sign up for dance and PE credit for the same class in the same term. Students should check transferability of specific dance courses with the institution to which they are planning to transfer.

Although a physical exam is not required for physical education and dance courses, students are advised to seek approval from their personal physician before entering into a regular program of vigorous physical activity as is found in physical education and dance courses. Students will be asked to complete personal data cards to hand into their instructors prior to the beginning of their classes. Personal data cards include any personal health information that could impact participation in class activities: diabetes, cardiac history, past or current injuries, etc. PCC does not provide medical coverage. All students are strongly encouraged to acquire medical coverage prior to taking a physical education, dance or any other physical activity class. Contact the Music and Dance Department, and the Physical Education and Fitness Department for additional information.

### D 121. Conditioning for Dance. 1 Credit.

Examines somatic practices and conditioning methods as they pertain to dance training. Develops kinesthetic awareness, strength, flexibility, stability and greater efficiency in movement. Focus may vary from term to term. PE 186Z and D 121 are equivalent and only one may be taken for credit. Audit available.

### D 130A. Modern Dance I. 1 Credit.

Introduces fundamentals of Modern Dance technique with a focus on correct alignment, development of strength, flexibility, range of motion, and stability, and dance specific terminology. D 130A and PE 121A cannot both be taken for credit. Audit available.

### D 130B. Modern Dance I. 1 Credit.

Explores concepts of beginning Modern Dance with a focus on correct alignment, form, musicality and moving with greater awareness. D 130B and PE 121B cannot both be taken for credit. Prerequisites: D 130A or PE 121A. Audit available.

### D 131A. Modern Dance II. 1 Credit.

Develops Modern Dance technique at an Intermediate level with a focus on dynamic alignment, musicality, movement qualities, and functional technique. D 131A and PE 121C cannot both be taken for credit. Prerequisites: D 130B or PE 121B. Audit available.

### D 131B. Modern Dance II. 1 Credit.

Continues development of Modern Dance technique at an Intermediate level with a focus on dynamic alignment, musicality, movement qualities, ensemble work, and functional technique. D 131B and PE 121D cannot both be taken for credit. Prerequisites: D 131A or PE 121C. Audit available.

### D 150. Jazz Dance I. 1 Credit.

Introduces principles and skills in the fundamentals of jazz dance technique. Emphasizes and develops correct body alignment, coordination, strength, flexibility, rhythm, and movement awareness. Includes jazz dance vocabulary and simple jazz dance combinations. D 150 and PE 186F are equivalent and only one may be taken for credit. Audit available.

### D 151. Jazz Dance II. 1 Credit.

Continues development of jazz dance technique at the beginning/intermediate level. Emphasizes increased coordination, strength, control, flexibility, stamina, musicality, and jazz dance vocabulary in more challenging combinations. D 151 and PE 186G are equivalent and only one may be taken for credit. Recommended: D 150 or PE 186F or equivalent. Audit available.

### D 170. World Dance. 1 Credit.

Introduces traditional and popular dance forms and styles from a selection of countries and cultures. Examines and practices dance movement within a cultural context. Ethnic dances may vary by term. This course is also offered as PE 124; a student who enrolls in this course a second time under either designator will be subject to the course repeat policy. Audit available.

### D 175A. Tap Dance I. 1 Credit.

Introduces fundamentals of tap dance technique and vocabulary. Develops a sense of timing, rhythm, and musicality. Emphasizes basic traditional tap steps, rhythm tap combinations and complete dances. D 175A and PE 186K are equivalent and only one may be taken for credit. Audit available.

### D 175B. Tap Dance II. 1 Credit.

Continues the development of tap dance techniques beyond introductory level. Further develops a sense of rhythm, musicality, and tap sounds. Learn basics through intermediate traditional tap steps, rhythm tap combinations, and complete dances. D 175B and PE 186M are equivalent and only one may be taken for credit. Recommended: D 175A or PE 186K or equivalent. Audit available.

### D 177. Hip Hop. 1 Credit.

Introduces the fundamental principles and skills of Hip Hop dance. Places emphasis on development of correct technique, strength and flexibility, musicality, and individual expression through movement. Focuses on Hip Hop elements, culture, and terminology. D 177 and PE 186R are equivalent and only one may be taken for credit. Audit available.

### D 177B. Hip Hop II. 1 Credit.

Continue the development of Hip Hop dance at an intermediate level with a focus on longer, more challenging phrases and performance aspects. Emphasis will be placed on the development of correct technique, strength and flexibility, musicality, and individual expression through movement. D 177B and PE 186S are equivalent and only one may be taken for credit. Prerequisite: D 177 or PE 186R or instructor approval. Audit available.

### D 184. Ballroom Dance. 1 Credit.

Introduces the fundamental principles of Ballroom Dance. Places emphasis on proper partnering, style, and phrasing. Focuses on elementary steps of Foxtrot, Waltz, Swing, Cha- Cha, and Rumba. D 184 and PE 186D are equivalent and only one may be taken for credit. Audit available.

### D 184B. Ballroom II. 1 Credit.

Continues the development of skills in ballroom dance at an intermediate level as well as enriching the depth of the dance technique and complexity of choreography. Focus is placed on: appropriate partnering in order to lead or follow, rhythm, style, and phrasing. Dances may include: Waltz, Foxtrot, Tango, Quickstep, Rumba, Cha-Cha, Swing, Samba, Jive, and Night Club Two Step. D 184B and PE 186E are equivalent and only one may be taken for credit. Prerequisites: D 184 or PE 186D or instructor approval. Audit available.

### D 190A. Ballet I. 1 Credit.

Introduces fundamentals of Ballet technique with a focus on correct alignment, development of strength, flexibility, range of motion, stability, and Ballet terminology. D 190A and PE 120A cannot both be taken for credit. Audit available.

### D 190B. Ballet I. 1 Credit.

Explores concepts of beginning Ballet with a focus on correct alignment, form, musicality and moving with greater awareness. Provides a foundation for Ballet II. D 190B and PE 120B cannot both be taken for credit. Prerequisites: D 190A or PE 120A. Audit available.

**D 191A. Ballet II. 1 Credit.**

Develops Ballet technique at intermediate level with a focus on dynamic alignment, musicality, movement qualities, and functional technique. D 191A and PE 120C cannot both be taken for credit. Prerequisites: D 190B or PE 120B. Audit available.

**D 191B. Ballet II. 1 Credit.**

Continues development of Ballet technique at an Intermediate level with a focus on dynamic alignment, musicality, movement qualities, and functional technique. D 191B and PE 120D cannot both be taken for credit. Prerequisites: D 191A or PE 120C. Audit available.

**D 209. Dance Performance. 1 Credit.**

Offers practical experience in dance rehearsal and performance with a varying focus each term. Prerequisites: D 131B, D 191B, D 151, D 230A, D 230B, D 290A, D 290B, or D 252 or instructor permission. Audit available.

**D 210. Dance Performance. 2 Credits.**

Offers practical experience in dance rehearsal and performance with a varying focus each term. Provides experience in production elements of dance performance as well as the opportunity to expand understanding of the choreographic process through research. Requires audition for admission. Prerequisites: (WR 115 or IRW 115) and D 131B or D 151 or D 191B or D 230A or D 230B or D 290A or D 290B or D 252 or instructor permission. Audit available.

**D 211. Dance Performance. 3 Credits.**

Offers practical experience in dance rehearsal and performance with a varying focus each term. Provides experience in production elements of dance performance as well as the opportunity to expand understanding of the choreographic process through research, presentation, and community interaction. Prerequisites: (WR 115 or IRW 115) and D 131B or D 191B or D 151 or D 230A or D 230B or D 290A or D 290B or D 252 or instructor permission. Audit available.

**D 230A. Modern Dance III. 1 Credit.**

Develops Modern Dance technique at an Intermediate/Advanced level with a focus on dynamic alignment, musicality, movement qualities, functional technique, and performance. D 230A and PE 121E cannot both be taken for credit. Prerequisites: D 131B or PE 121D. Audit available.

**D 230B. Modern Dance III. 1 Credit.**

Continues development of Modern Dance technique at an Intermediate/Advanced level with a focus on applying techniques and skills to enhance performance. D 230B and PE 121F cannot both be taken for credit. Prerequisites: D 230A or PE 121E. Audit available.

**D 251. Dance Appreciation. 4 Credits.**

Develops an awareness and appreciation of dance in its artistic, social, historical, and cultural contexts. Considers aspects of dance as cultural, spiritual, and aesthetic expression, exploring origins and the related roles of the dancer, choreographer, and spectator. Offers a variety of experiences, including the viewing of dance in live and recorded formats, reading about dance, discussing dance, and hearing from guest experts. Prerequisites: (WR 115 and RD 115) or IRW 115 and MTH 20 or equivalent placement. Audit available.

**D 252. Jazz Dance III. 1 Credit.**

Continues development of jazz dance technique at the intermediate level. Emphasizes increased strength, control, flexibility, stamina, musicality, dynamics, and jazz dance vocabulary in more challenging combinations. D 252 and PE 186H are equivalent and only one may be taken for credit. Recommended: D 151 or PE 186G or equivalent. Audit available.

**D 260. Dance Improvisation. 1 Credit.**

Introduces beginning skills in dance improvisation through the exploration of structured and open improvisations, scores, games, and group observation and discussion. Audit available.

**D 261. Dance Improvisation. 1 Credit.**

Continues to develop skills in dance improvisation through the exploration of structured and open improvisations, scores, games, and group observation and discussion. Prerequisite: D 260. Audit available.

**D 275. History of Hip Hop Culture. 4 Credits.**

Examines the historical, artistic, social, and cultural relevance of hip hop both in the U.S. and abroad. Uses the four elements of hip hop as a foundation to explore a variety of topics related to dance in hip hop culture. Prerequisites: (WR 115 and RD 115) or IRW 115 and MTH 20 or equivalent placement. Audit available. This course fulfills the following GE requirements: Arts and Letters/AAOT, Arts and Letters/AS, Arts and Letters/AAS, Arts and Letters/AGS, Arts and Letters/ASOT-B.

**D 290A. Ballet III. 1 Credit.**

Develops Ballet technique at an advanced level with a focus on dynamic alignment, musicality, movement qualities, functional technique and performance. D 290A and PE 120E cannot both be taken for credit. Prerequisites: D 191B or PE 120D. Audited available.

**D 290B. Ballet III. 1 Credit.**

Continues development of Ballet technique at an advanced level with a focus on increasingly complicated choreography and the expression and communication of Ballet in performance. D290B and PE 120F cannot both be taken for credit. Prerequisites: D 290A or PE 120E. Audit available.