

# ADDICTION COUNSELING

pcc.edu/programs/addiction-counseling/

Program information and application materials can be found at the website.

## CAREER AND PROGRAM DESCRIPTION

Addiction counselors work in public and private sector organizations to provide diagnosis, assessment, education, referral and treatment services to clients with alcohol and other drug problems. The Addiction Counseling program at Portland Community College provides students with the educational coursework and a portion of the supervised client contact hours needed to become a Certified Alcohol and Drug Counselor (CADC) in the State of Oregon through the Mental Health and Addiction Certification Board of Oregon (MHACBO).

Anyone interested in working in the addiction counseling profession in the State of Oregon should be aware that a Criminal History Check as a condition of employment is a standard practice. A conviction does not automatically disqualify someone from obtaining employment. Each situation is evaluated on a case by case basis and therefore, the Addiction Counseling Program cannot determine in advance who is or is not employable due to their criminal history. It is commonplace for individuals with a conviction on their record to be employed in the addiction counseling profession.

Recovery status from nicotine addiction is not required but it is highly recommended. Active nicotine addiction can be a barrier to employment and is an ethical issue to be considered for the addiction counseling specialist.

Using technology to create medical records is an important part of the Addiction Counseling field. It is strongly recommended students have strong computer skills. Those students needing to strengthen their skills should contact the program advisor for recommendations.

Program courses are usually offered in afternoons or evenings. A few courses are offered via distance learning format. Students must complete all Addiction Counseling Program courses with a C or P or better to progress in the program. Students in the MLT Program must successfully complete all coursework with a C or better in order to progress in the program.

A number of four-year institutions accept the program's credits for application toward their degree. Students interested in pursuing their four year degree should contact a representative of their college of choice. Transferability of credits to another institution is subject to the approval of that institution.

## DEGREES AND CERTIFICATES OFFERED

### ASSOCIATE OF APPLIED SCIENCE DEGREE

Addiction Counselor

### LESS THAN ONE-YEAR CERTIFICATE

Addiction Studies

## Academic Prerequisites

AD Counseling courses are open to all PCC students who meet the registration requirements.

Students interested in pursuing a certificate or degree in addiction studies will need to meet these academic prerequisites prior to admission into the program.

- Completion of LIB 101 with a C or better.
- Completion of WR 121Z with a C or better.
- Completion of AD 101 with a C or better.
- Completion of AD 153 with a C or better.

- Completion of AD 160 with a C or better.
- Complete the Addiction Counselor Program application.

The following courses are restricted to students who have fulfilled all admission requirements to the AD Counseling Program.

- AD 152
- AD 154
- AD 161
- AD 255
- AD 270A
- AD 270B
- AD 278

## Non-Academic Prerequisites

- Documentation of not abusing alcohol or drugs for 21 months prior to admission.

## Non-Academic Requirements

- While participating in the program, recovering students will agree to abstain from alcohol and illicit drug use. All other students must agree to not abuse alcohol and other drugs while in the program.
- Certified Alcohol and Drug Counselor Examination (CADC)
- The CADC is granted by the Mental Health and Addiction Certification Board of Oregon (MHACBO <http://www.mhacbo.com>). Completion of the Addiction Counseling Program does not result in completion of the CADC. The programs coursework is designed to meet the educational requirements for the CADC II. All practicum hours contribute towards the work experience requirement for the CADC I.

## ADDICTION COUNSELOR AAS DEGREE

Minimum 91 credits. Students must also meet Associate Degree Comprehensive Requirements and Associate of Applied Science Requirements. Students must complete a total of four courses of General Education. Some courses specified within the program may be used as General Education. In addition to required courses in the program of study, students must satisfy MTH 58/65 competency. Students should consult with program advisors for course planning.

## ADDICTION COUNSELOR DEGREE COURSES

Code	Title	Credits
AD 101	Addiction	3
AD 102	Drug Use and Addiction	3
AD 103	Women and Addiction	3
AD 104	Multicultural Counseling	3
AD 106	Nicotine Cessation	1
AD 152	Group Counseling and Addiction	3
AD 153	Theories of Counseling	3
AD 154	Client Record Management and Addiction	3
AD 156	Professional Ethics and Issues in Addiction Counseling	3
AD 160 or AD 150 & AD 151	Basic Counseling and	4
AD 161 or AD 155 & AD 157	Motivational Interviewing and Addiction and	4
AD 184	Men & Addiction	3
AD 202	Trauma and Recovery	3
AD 255	Multiple Diagnoses	3
AD 256	Advanced Counseling and Addiction	4
AD 270A	Practicum: Addiction	18

AD 270B	Practicum: Addiction - Seminar <sup>1</sup>	8
AD 278	Practicum Preparation	1
Addiction Counselor Degree Electives		6
General Education: 4 courses		
Total Credits		91

<sup>1</sup>

Students attend a concurrent two credit seminar each term. Students who complete practicum in three terms only need six credits of AD 270B.

### ADDITION COUNSELOR DEGREE ELECTIVES

Code	Title	Credits
AD 105	Aging & Addiction	3
AD 107	Addiction Recovery Mentor	3
AD 108	Adolescence and Addiction	3
AD 109	Justice Systems and Addiction	3
AD 110	Substance Abuse Prevention	3
HUS 102	Mental Health First Aid: Adult	1
HUS 106	Mental Health First Aid: Youth	1
HUS 107	Mental Health First Aid: Older Adult	1
MTH 105	Math in Society (MTH105=MTH105Z) <sup>Z</sup>	4
MTH 111	Precalculus I: Functions (MTH111=MTH111Z) <sup>Z</sup>	4
MTH 112	Precalculus II: Trigonometry (MTH112=MTH112Z) <sup>Z</sup>	4
STAT 243	Elementary Statistics I (MTH/STAT243=STAT243Z) <sup>Z</sup>	4
MTH 244	Statistics II	4
MTH 251	Calculus I	4
PSY 215	Human Development	4
SOC 204	Introduction to Sociology	4
SOC 205	Social Change	4
SOC 206	Social Problems	4
SPA 101	First Year Spanish - First Term	4
SPA 102	First Year Spanish - Second Term	4
SPA 103	First Year Spanish - Third Term	4
SPA 150	First Year Spanish	6
SPA 151	First Year Spanish	6
Any 2nd year Foreign Language course		4
Any 4 credit Science Course with Lab		4

<sup>Z</sup>

This course is part of Oregon Common Course Numbering. The following courses are equivalent:  
MTH 105 and MTH 105Z  
MTH 111 and MTH 111Z  
MTH 112 and MTH 112Z  
MTH 243, STAT 243, and STAT 243Z

### ADDITION STUDIES LESS THAN ONE-YEAR CERTIFICATE

Minimum 44 credits. Students must meet all certificate requirements.  
A maximum of 10 Pass/No Pass credits are allowed in the Addiction Studies Less than One-Year Certificate.

#### Addiction Studies Certificate Courses

Code	Title	Credits
AD 102	Drug Use and Addiction	3
AD 104	Multicultural Counseling	3
AD 106	Nicotine Cessation	1

AD 152	Group Counseling and Addiction	3
AD 153	Theories of Counseling	3
AD 154	Client Record Management and Addiction	3
AD 156	Professional Ethics and Issues in Addiction Counseling	3
AD 160	Basic Counseling	4
AD 161	Motivational Interviewing and Addiction	4
AD 255	Multiple Diagnoses	3
Addiction Studies Certificate Electives		14
Total Credits		44

### ADDITION STUDIES CERTIFICATE ELECTIVES

Code	Title	Credits
AD 103	Women and Addiction	3
AD 105	Aging & Addiction	3
AD 107	Addiction Recovery Mentor	3
AD 108	Adolescence and Addiction	3
AD 109	Justice Systems and Addiction	3
AD 110	Substance Abuse Prevention	3
AD 184	Men & Addiction	3
AD 202	Trauma and Recovery	3
AD 256	Advanced Counseling and Addiction	4
AD 270A	Practicum: Addiction <sup>1</sup>	3-6
AD 270B	Practicum: Addiction - Seminar <sup>2</sup>	2
AD 278	Practicum Preparation <sup>3</sup>	1
HUS 102	Mental Health First Aid: Adult	1
HUS 106	Mental Health First Aid: Youth	1
HUS 107	Mental Health First Aid: Older Adult	1
PSY 213	Introduction to Behavioral Neuroscience	4
PSY 215	Human Development	4
PSY 222	Family & Intimate Relationships	4
SOC 204	Introduction to Sociology	4
SOC 205	Social Change	4
SOC 206	Social Problems	4

<sup>1</sup>

Up to 9 credits.

<sup>2</sup>

Up to 4 credits (2 credits required per term in Practicum).

<sup>3</sup>

Required in order to enter Practicum.