

ADDICTION COUNSELING

Cascade Campus
 Technology and Education Building (TEB), Room 103
 971-722-5667 - Program Admissions Specialist, prior to being accepted to the program
 971-722-5427 - Program Advisor, once accepted into the program.
 Program information and application materials can be found at:
pcc.edu/addiction-counseling/

CAREER AND PROGRAM DESCRIPTION

Addiction counselors work in public and private sector organizations to provide diagnosis, assessment, education, referral and treatment services to clients with alcohol and other drug problems. The Addiction Counseling program at Portland Community College provides students with the educational coursework and a portion of the supervised client contact hours needed to become a Certified Alcohol and Drug Counselor (CADC) in the State of Oregon through the Mental Health and Addiction Certification Board of Oregon (MHACBO).

Anyone interested in working in the addiction counseling profession in the State of Oregon should be aware that a Criminal History Check as a condition of employment is a standard practice. A conviction does not automatically disqualify someone from obtaining employment. Each situation is evaluated on a case by case basis and therefore, the Addiction Counseling Program cannot determine in advance who is or is not employable due to their criminal history. It is commonplace for individuals with a conviction on their record to be employed in the addiction counseling profession.

Recovery status from nicotine addiction is not required but it is highly recommended. Active nicotine addiction can be a barrier to employment and is an ethical issue to be considered for the addiction counseling specialist.

Using technology to create medical records is an important part of the Addiction Counseling field. It is strongly recommended students have strong computer skills. Those students with few skills should consider taking CAS 100A. Those who have basic skills, but know they could improve should consider taking CAS 133. See an Addiction Counseling advisor for more direction in choosing the right class for you.

Program courses are usually offered in afternoons or evenings. A few courses are offered via distance learning format.

A number of four-year institutions accept the program's credits for application toward their degree. Students interested in pursuing their four year degree should contact a representative of their college of choice. Transferability of credits to another institution is subject to the approval of that institution.

DEGREES AND CERTIFICATES OFFERED

ASSOCIATE OF APPLIED SCIENCE DEGREE

Addiction Counselor

LESS THAN ONE-YEAR CERTIFICATE

Addiction Studies

Academic Prerequisites

- Completion of LIB 101 with a C or better.
- Completion of WR 121 with a C or better.
- Completion of AD 101 with a C or better.
- Completion of AD 153 with a C or better.
- Completion of AD 160 with a C or better.
- Complete the Addiction Counselor Program application.

Non-Academic Prerequisites

- Documentation of not abusing alcohol or drugs for 21 months prior to admission.

Non-Academic Requirements

- While participating in the program, recovering students will agree to abstain from alcohol and illicit drug use. All other students must agree to not abuse alcohol and other drugs while in the program.
- Certified Alcohol and Drug Counselor Examination (CADC)
- The CADC is granted by the Mental Health and Addiction Certification Board of Oregon (MHACBO <http://www.mhacbo.com>). Completion of the Addiction Counseling Program does not result in completion of the CADC. The programs coursework is designed to meet the educational requirements for the CADC II. All practicum hours contribute towards the work experience requirement for the CADC I.

ADDICTION COUNSELOR AAS DEGREE

Minimum 91 credits. Students must also meet Associate Degree Comprehensive Requirements and Associate of Applied Science Requirements. Students must complete a total of four courses of General Education. Some courses specified within the program may be used as General Education. In addition to required courses in the program of study, students must satisfy MTH 58/65 competency. Students should consult with program advisors for course planning.

ADDICTION COUNSELOR DEGREE COURSES

Code	Title	Credits
AD 101	Addiction	3
AD 102	Drug Use and Addiction	3
AD 103	Women and Addiction	3
AD 104	Multicultural Counseling	3
AD 106	Nicotine Cessation	1
AD 152	Group Counseling and Addiction	3
AD 153	Theories of Counseling	3
AD 154	Client Record Management and Addiction	3
AD 156	Professional Ethics and Issues in Addiction Counseling	3
AD 160 or AD 150 & AD 151	Basic Counseling and	4
AD 161 or AD 155 & AD 157	Motivational Interviewing and Addiction and	4
AD 184	Men & Addiction	3
AD 202	Trauma and Recovery	3
AD 255	Multiple Diagnoses	3
AD 256	Advanced Counseling and Addiction	4
AD 270A	Practicum: Addiction	18
AD 270B	Practicum: Addiction - Seminar ¹	8
AD 278	Practicum Preparation	1
Addiction Counselor Degree Electives		6
General Education: 4 courses		
Total Credits		91

¹ Students attend a concurrent two credit seminar each term. Students who complete practicum in three terms only need six credits of AD 270B.

ADDICTION COUNSELOR DEGREE ELECTIVES

Code	Title	Credits
AD 105	Aging & Addiction	3
AD 107	Addiction Recovery Mentor	3
AD 108	Adolescence and Addiction	3
AD 109	Criminality and Addiction	3
AD 110	Substance Abuse Prevention	3
MTH 105	Math in Society	4
MTH 111	Precalculus I	5
MTH 112	Precalculus II	5
MTH 243	Statistics I	5
MTH 244	Statistics II	4
MTH 251	Calculus I	4
PSY 215	Human Development	4
SOC 204	Introduction to Sociology	4
SOC 205	Social Change	4
SOC 206	Social Problems	4
SPA 101	First Year Spanish - First Term	4
SPA 102	First Year Spanish - Second Term	4
SPA 103	First Year Spanish - Third Term	4
SPA 150	First Year Spanish	6
SPA 151	First Year Spanish	6
Any 2nd year Foreign Language course		4
Any 4 credit Science Course with Lab		4

AD 270A	Practicum: Addiction ¹	3-6
AD 270B	Practicum: Addiction - Seminar ²	2
AD 278	Practicum Preparation ³	1
PSY 213	Introduction to Behavioral Neuroscience	4
PSY 215	Human Development	4
PSY 222	Family & Intimate Relationships	4
SOC 204	Introduction to Sociology	4
SOC 205	Social Change	4
SOC 206	Social Problems	4

¹ Up to 9 credits.

² Up to 4 credits (2 credits required per term in Practicum).

³ Required in order to enter Practicum.

AD 101. Addiction. 3 Credits.

Provides a basic overview of addiction. Considers the contribution of early childhood trauma on the developing brain and its influence on addictive behaviors, the signs and symptoms of addiction, the continuum of addictive behaviors, treatment, prevention, recovery and relapse. Audit available.

AD 102. Drug Use and Addiction. 3 Credits.

Covers current drug use and psychological and behavioral aspects of client misuse or addiction. Includes drug chemistry, physiological effects of drug use upon the body and specific treatment formats and techniques. Audit available.

AD 103. Women and Addiction. 3 Credits.

Investigates patterns of alcohol and drug use by women and non-binary populations in our society. Explores models of treatment and recovery specific to the biology and gender identity of women. Audit available.

AD 104. Multicultural Counseling. 3 Credits.

Focuses on diversity of populations using addiction counseling services. Emphasizes developing understanding of relevant cultural differences and building skills in addressing them. Audit available.

AD 105. Aging & Addiction. 3 Credits.

Covers drug and alcohol addiction among older adults, including prescription and other drugs and alcohol, used either alone or in combination. Includes the higher risk factors aging adults face due to decreased tolerance to the effects of alcohol and other drugs. Addresses issues specific to aging, including late onset addiction, effects of use on performance of activities of daily living, treatment issues and co-occurring disorders such as depression or other chronic illnesses. Offers an intersectional perspective. Audit available.

AD 106. Nicotine Cessation. 1 Credit.

Presents an overview of nicotine addiction and specific evidence-based practices that have been demonstrated to contribute to successful nicotine cessation efforts. Audit available.

AD 107. Addiction Recovery Mentor. 3 Credits.

Presents an overview of Addiction Recovery Mentor skills, resources and evidence-based practices that have been demonstrated to contribute to successful Peer Mentor Programs. Audit available.

AD 108. Adolescence and Addiction. 3 Credits.

Examines addiction and substance use from the adolescent point of view. Includes assessment and treatment planning appropriate to this population and considers ethical and legal ramifications. Audit available.

AD 109. Criminality and Addiction. 3 Credits.

Covers the facilitation of recovery with the person involved in the justice system using knowledge of cultural and peer group norms. Includes assessment of risk for criminal behavior and the likelihood of reoffending. Explores evidence-based treatment protocols relevant to the addicted criminally involved person with special emphasis on cognitive behavioral therapy. Audit available.

AD 110. Substance Abuse Prevention. 3 Credits.

Presents an overview of substance abuse prevention theories and prevention programming applications. Emphasizes theories and models basic to prevention, evidence-based prevention strategies and model programs, strategic planning and outcome evaluation. Audit available.

AD 152. Group Counseling and Addiction. 3 Credits.

Introduces the methodology for group counseling. Includes strategies for group development and for effective group leader facilitation. Prerequisite: Admission into the Addiction Counseling Program. Audit available.

AD 153. Theories of Counseling. 3 Credits.

Covers basic theories of counseling, emphasizing treatment of addiction. Uses the developmental model of recovery as a basis for discussion and comparison of the various theories. Prerequisite/concurrent: AD 101. Audit available.

ADDICTION STUDIES LESS THAN ONE-YEAR CERTIFICATE

Minimum 44 credits. Students must meet all certificate requirements. A maximum of 10 Pass/No Pass credits are allowed in the Addiction Studies Less than One-Year Certificate.

Addiction Studies Certificate Courses

Code	Title	Credits
AD 102	Drug Use and Addiction	3
AD 104	Multicultural Counseling	3
AD 106	Nicotine Cessation	1
AD 152	Group Counseling and Addiction	3
AD 153	Theories of Counseling	3
AD 154	Client Record Management and Addiction	3
AD 156	Professional Ethics and Issues in Addiction Counseling	3
AD 160	Basic Counseling	4
AD 161	Motivational Interviewing and Addiction	4
AD 255	Multiple Diagnoses	3
Addiction Studies Certificate Electives		14
Total Credits		44

ADDICTION STUDIES CERTIFICATE ELECTIVES

Code	Title	Credits
AD 103	Women and Addiction	3
AD 105	Aging & Addiction	3
AD 107	Addiction Recovery Mentor	3
AD 108	Adolescence and Addiction	3
AD 109	Criminality and Addiction	3
AD 110	Substance Abuse Prevention	3
AD 184	Men & Addiction	3
AD 202	Trauma and Recovery	3
AD 256	Advanced Counseling and Addiction	4

AD 154. Client Record Management and Addiction. 3 Credits.

Covers the knowledge and skills needed to plan individual treatment and manage client records. Includes all aspects of client record management including federal and state regulations and American Society of Addiction Medicine (ASAM) placement criteria. Prerequisites: AD 101 and acceptance into the Addiction Counseling Program. Audit available.

AD 156. Professional Ethics and Issues in Addiction Counseling. 3 Credits.

Covers ethical and legal issues relevant to the alcohol and drug counselor in a clinical setting. Audit available.

AD 160. Basic Counseling. 4 Credits.

Introduces basic skills required for establishing an effective professional helping relationship. Emphasizes in-class practice and feedback. Audit available.

AD 161. Motivational Interviewing and Addiction. 4 Credits.

Provides an opportunity to demonstrate facilitative skills required for motivational interviewing (MI). Prerequisite: Acceptance into the Addiction Counseling Program. Audit available.

AD 184. Men & Addiction. 3 Credits.

Provides an in-depth view of the biological, cultural, and sociological origins of male roles and behavior. Explores the implications of this for understanding mental health, sexuality, addiction, and behavior of men and non-binary populations. Develops a framework for the essential elements of gender-specific treatment. Audit available.

AD 202. Trauma and Recovery. 3 Credits.

Explores the neurobiology of attachment and reward as they relate to the addictive experience. Presents models of relational healing with a strong emphasis on specific skill acquisition that can be used in treatment settings. Utilizes trauma-informed and wellness-informed approaches targeted to working with families in the process of recovery from addictive disease. Audit available.

AD 255. Multiple Diagnoses. 3 Credits.

Covers assessment of chemical dependency clients for communicable diseases and co-existing mental disorders, effective intervention, and referral of clients to optimum resources for resolving co-existing diagnoses. Develops clear ethical guidelines for alcohol and drug counselors practicing within an area of competence. Prerequisites: AD 101, AD 102, (AD 160 or AD 150), WR 121 and admission to the Addiction Counseling Program. Prerequisite/concurrent: PSY 239. Audit available.

AD 256. Advanced Counseling and Addiction. 4 Credits.

Enhances the professional knowledge and skills of counselors preparing to enter the field. Focuses on current evidence-based practice/best practice models in addiction counseling, integrating a variety of conceptual theories into a comprehensive framework for human behavior, addiction, and change. Prerequisites: AD 160 or (AD 150 and AD 151).

AD 270A. Practicum: Addiction. 3-6 Credit.

Provides clinical educational experience in an addiction treatment or DUII educational facility under the supervision of personnel who meet ACCBO requirements. Provides the opportunity to meet the ACCBO work experience requirements. Prerequisites: AD 161 or (AD 157 and AD 155), AD 102, AD 153, AD 154, AD 156, and AD 278. Prerequisite/concurrent: AD 152. Corequisite: AD 270B.

AD 270B. Practicum: Addiction - Seminar. 2 Credits.

Focuses on the integration and synthesis of academic preparation with "real world" addiction counseling experience. Includes consideration of counselor self-care, healthy work practice, professional ethics and ongoing professional development. Corequisite: AD 270A. Audit available.

AD 278. Practicum Preparation. 1 Credit.

Develop an individualized plan to ensure readiness to begin practicum with an addiction counseling program. Prerequisite/concurrent: (AD 102 and AD 160) or (AD 150 and AD 151).