

# **PHYSICAL EDUCATION**

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[pcc.edu/programs/pe/](http://pcc.edu/programs/pe/)

## **DESCRIPTION**

Portland Community College Physical Education promotes fit and healthy lifestyles for a diverse group of students by delivering a quality education that includes the knowledge, skills, and practice necessary for living a physically active and healthy life. We offer a wide range of over 100 courses each term. Course offerings vary from campus to campus, as do facilities and program availability.

PCC does not provide medical coverage. It is strongly recommended that students have medical coverage and a recent physical exam before they participate in physical education courses.

Students who require classroom accommodations should notify the physical education instructor and the Accessible Education & Disability Resources. This office works with students to identify and ensure reasonable accommodations in PCC classes and programs.

Many physical education classes fulfill degree requirements at PCC or other institutions and colleges, or may transfer as elective credit. Students should check with their PCC academic advisor or with the institution to which they plan to transfer. For information on the Exercise Science program, see Exercise Science in the catalog.