

# HEALTH STUDIES

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[pcc.edu/programs/health-studies/](https://pcc.edu/programs/health-studies/)

## DESCRIPTION

Health Studies courses aim to encourage students to think critically about health, the systems that influence individual and community health, and strategies that promote health and well-being within themselves, communities, and the environment.

Health Studies faculty consider social justice and health equity as fundamental components of health. Health Studies curriculum is intentionally designed and delivered to engage and empower students to apply these connections in their own lives, communities, and in the global context.

Health Studies courses may:

- Provide transferable credits
- Satisfy Social Science General Education degree requirements
- Satisfy Health and Wellness degree requirement for the AAOT and AS degrees
- Include Community-based Learning, by directly supporting projects that deepen and contextualize course learning outcomes by addressing the needs of our community
- Include courses required for completion of Focus Awards, including the Health Studies Focus Award

### **Health Studies Mission:**

Health Studies faculty support student success and guide student progress in meeting their personal, academic, and/or professional goals by providing high-quality instruction and curriculum.

### **Health Studies Vision:**

Empowers examination and engagement with personal, social, political, economic, cultural, and environmental factors impacting the health and wellness of individuals and society.

### **For more information, visit:**

<https://www.pcc.edu/programs/health-studies/>